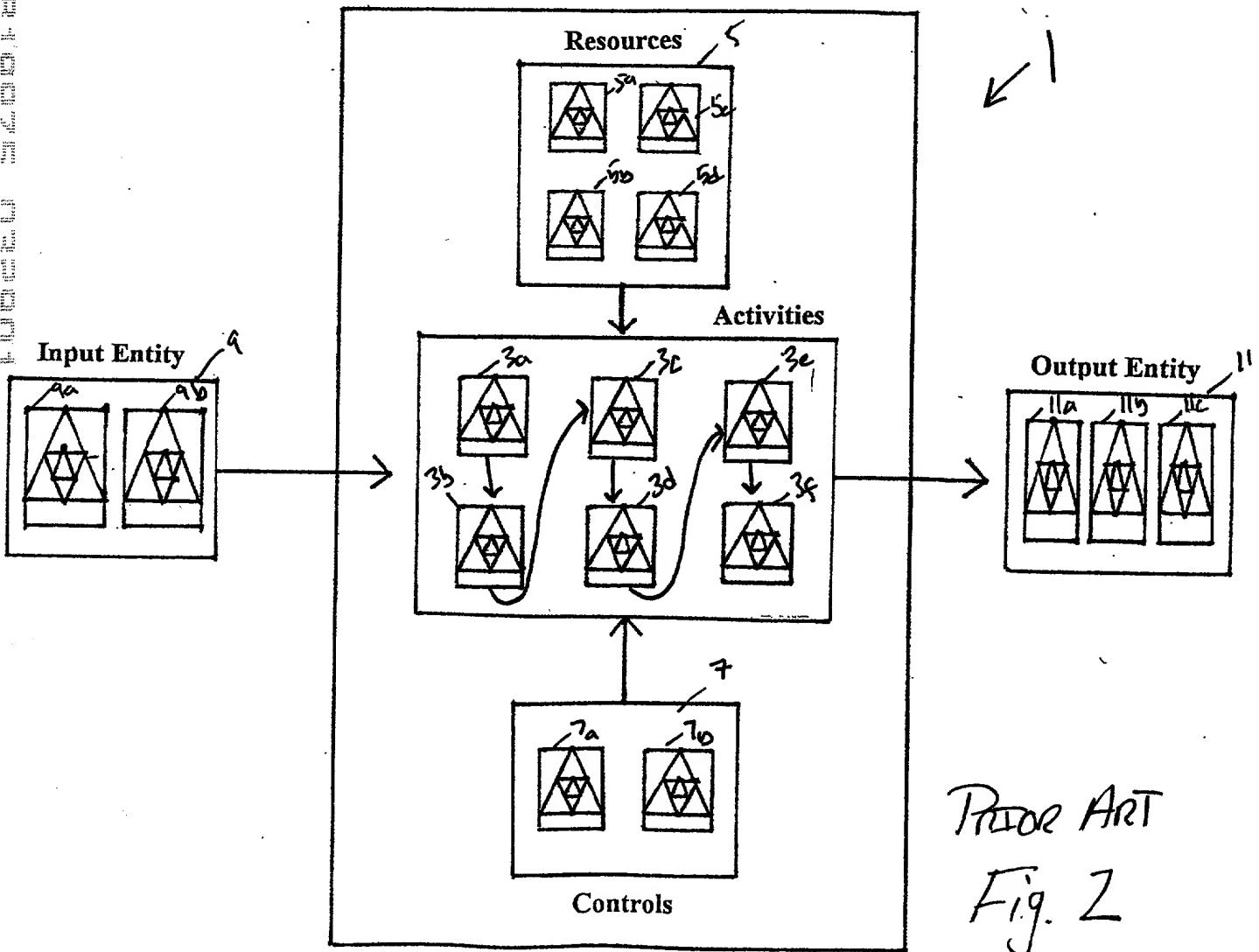


Prior Art  
Fig. 1



Prior Art  
Fig. 2

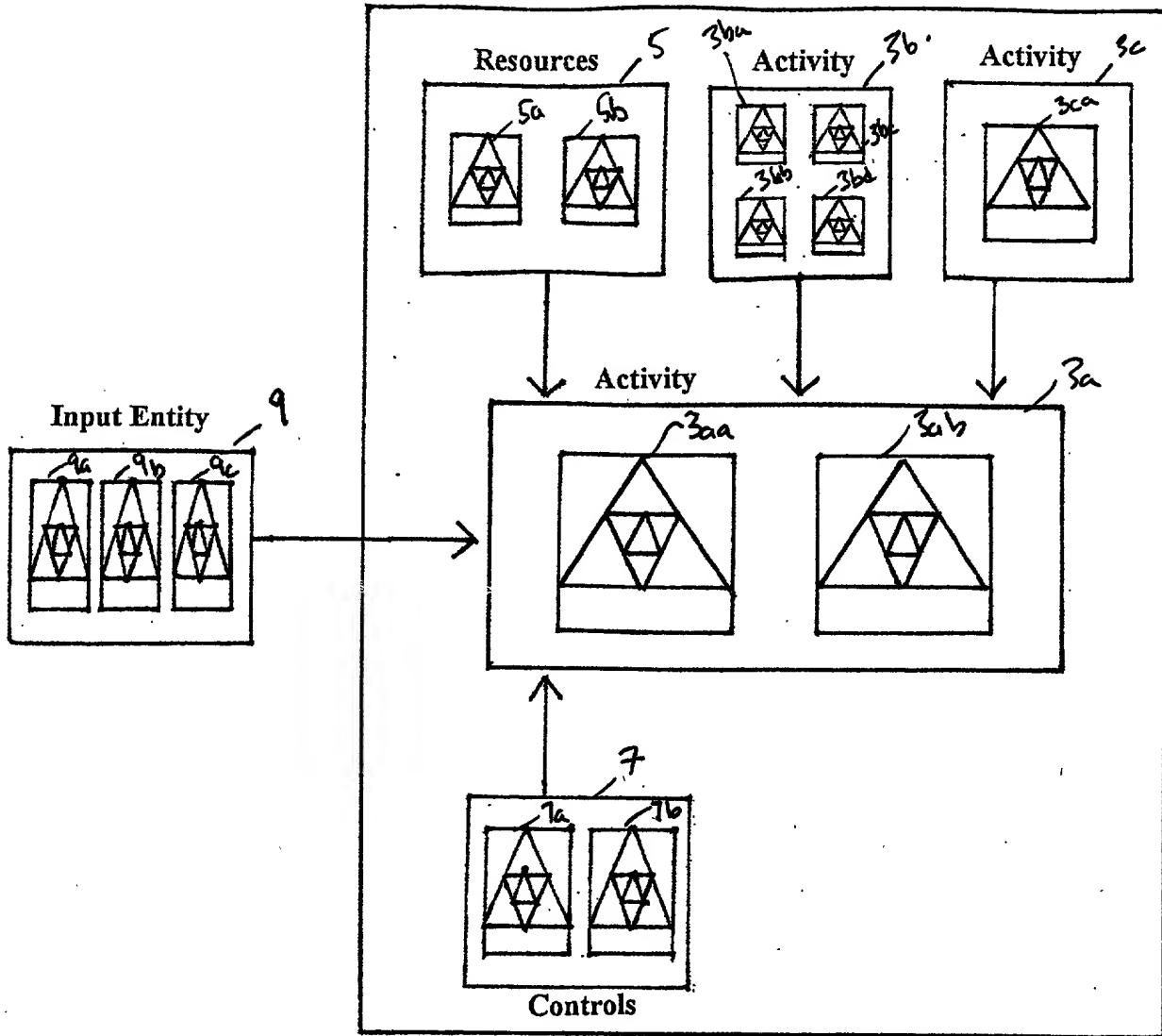
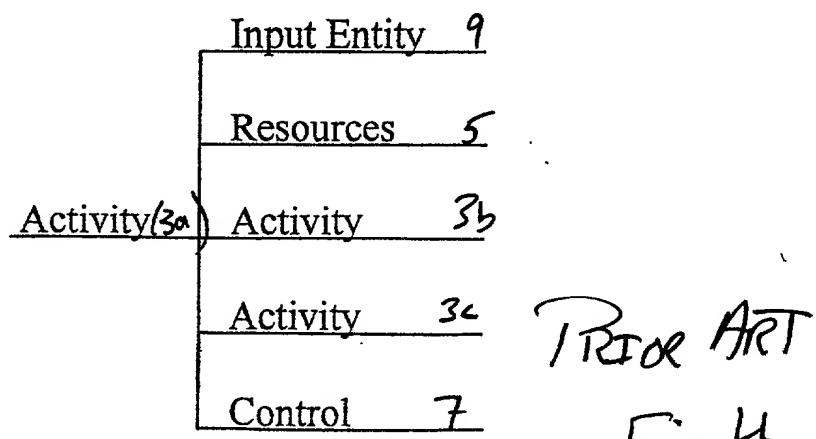


Fig. 3 - PRIOR ART



PRIOR ART

Fig. 4

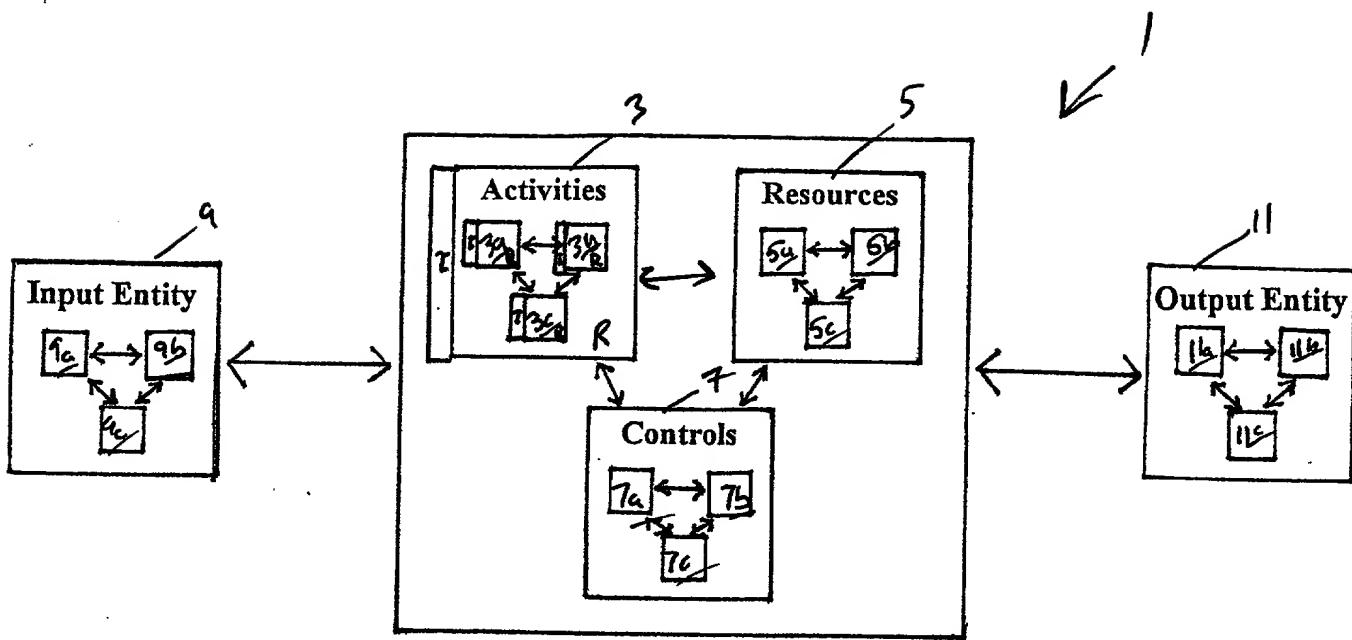


Fig. 5

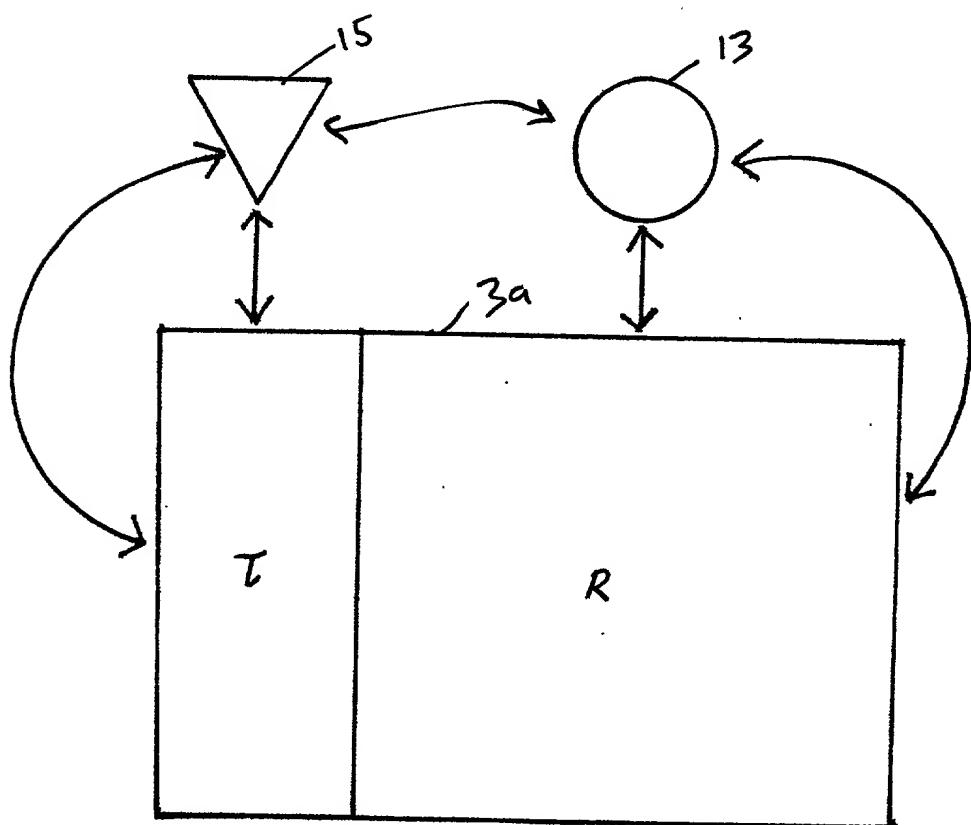


Fig. 6

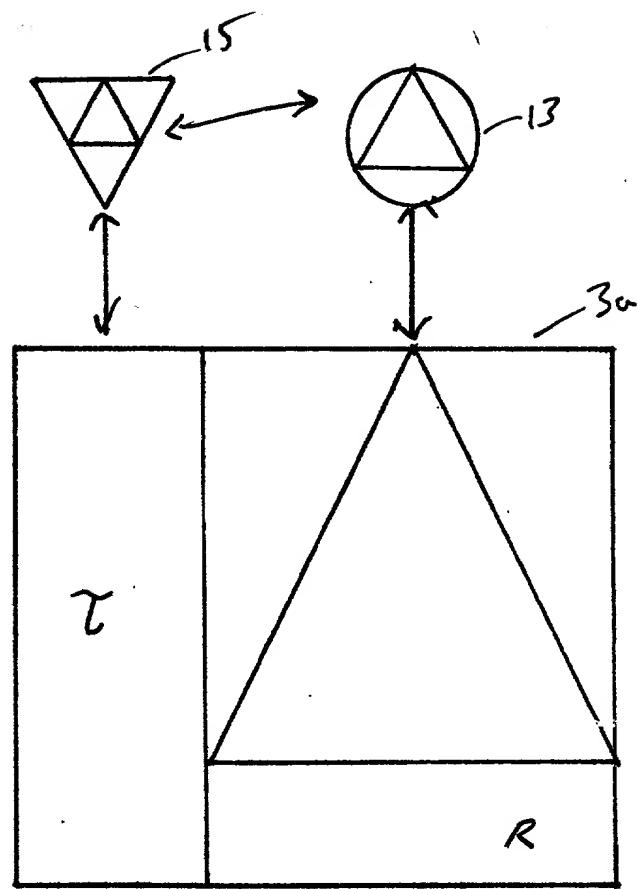


Fig. 7

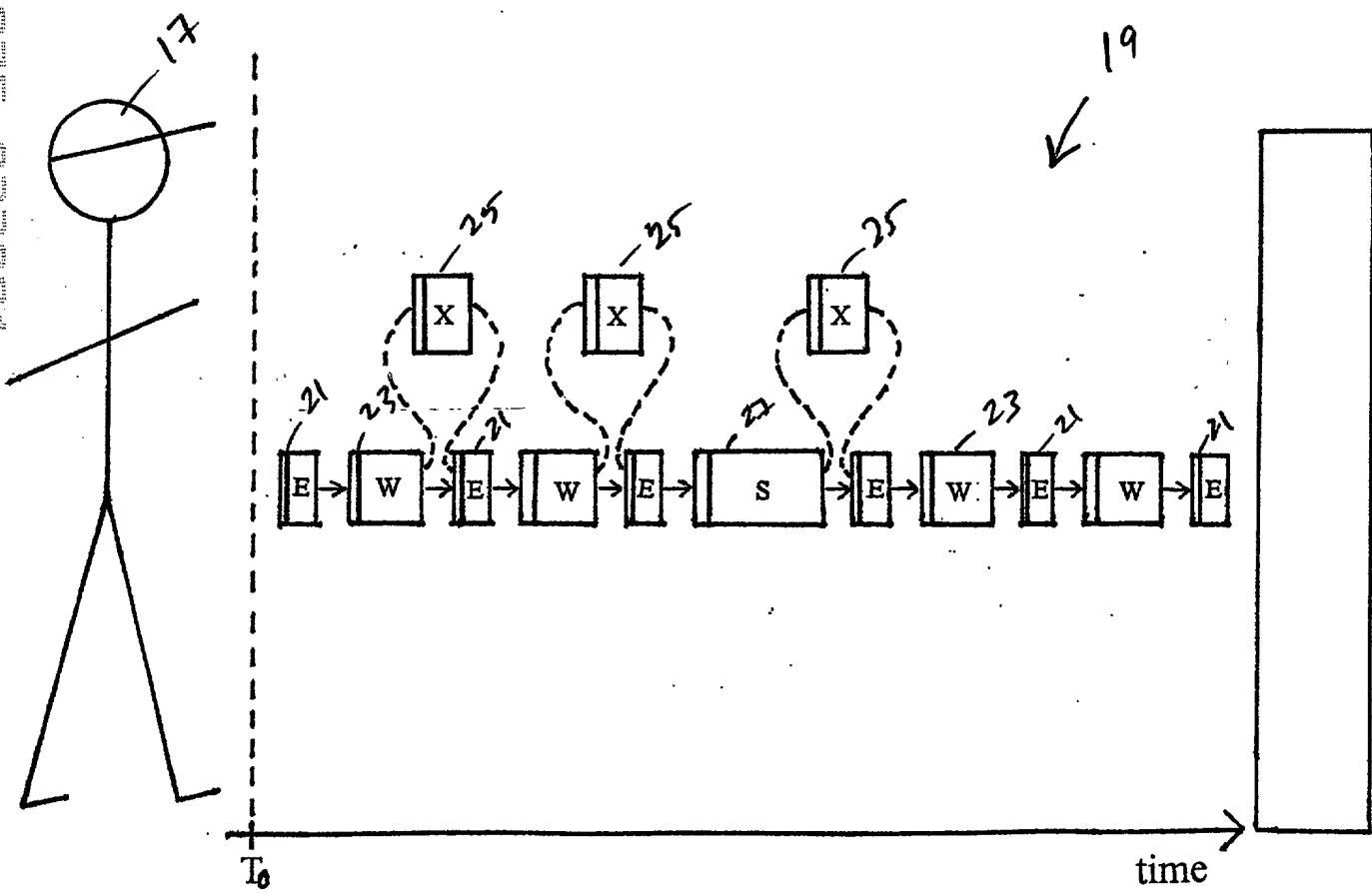


Fig. 8

## Exercise Relative to Body Systems (29)

Exercise      Types of Exercise (31)

Exercise Relative to Inputs (35)

Fig. 9

3b

Exercise Relative to Body System			
T	Cardiovascular	Respiratory	Muscular
	R	R	R
	M	M	M

Fig. 10

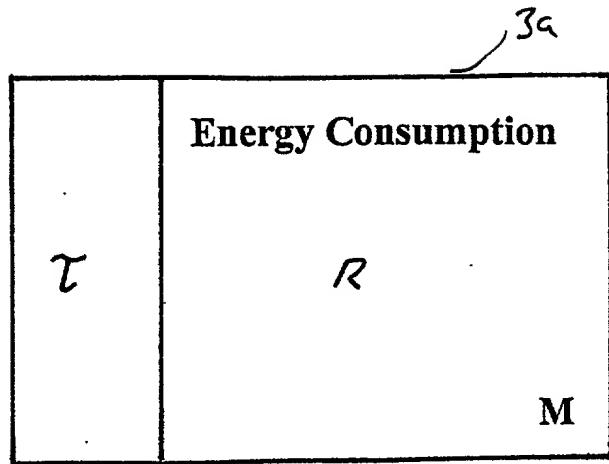


Fig. 11

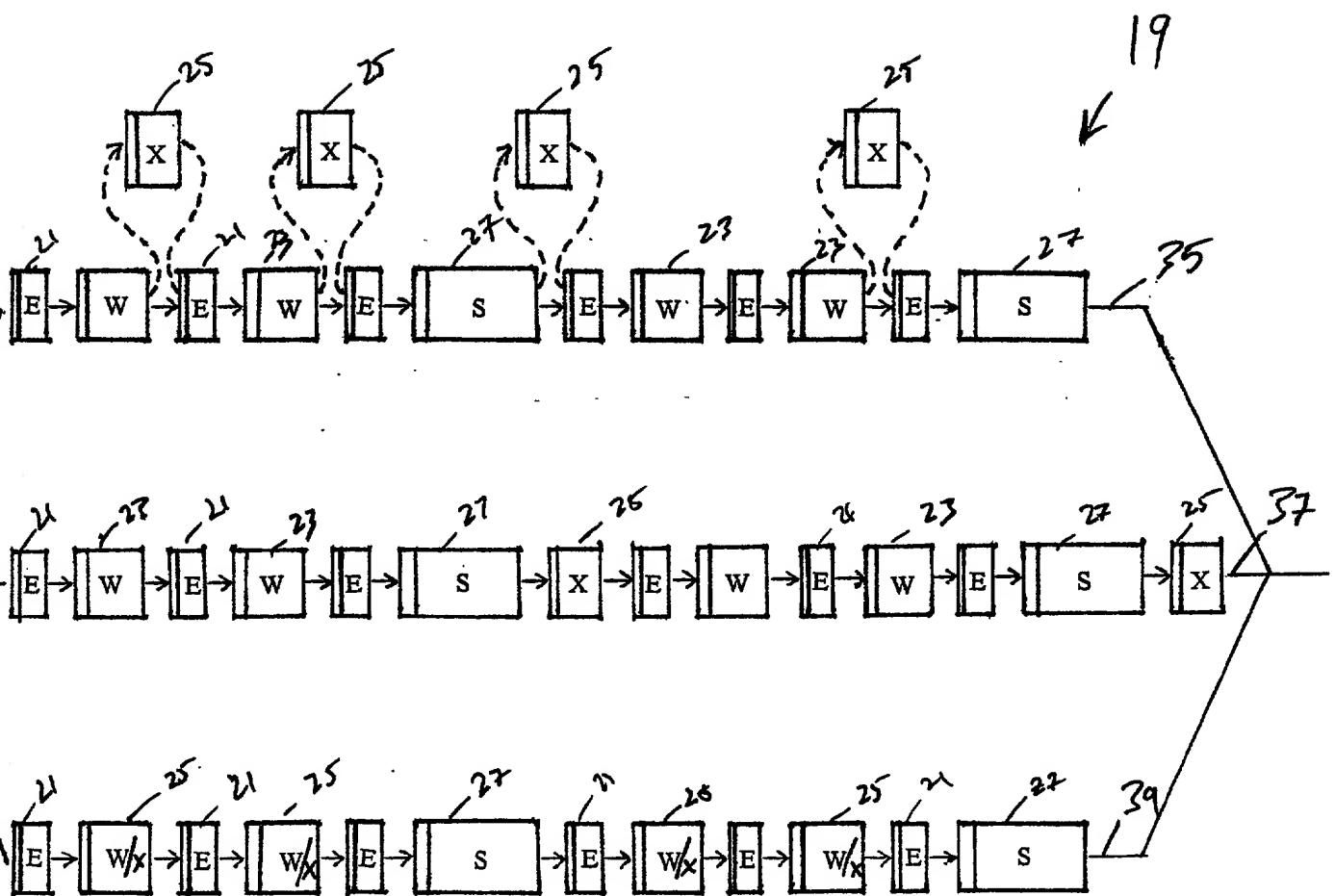
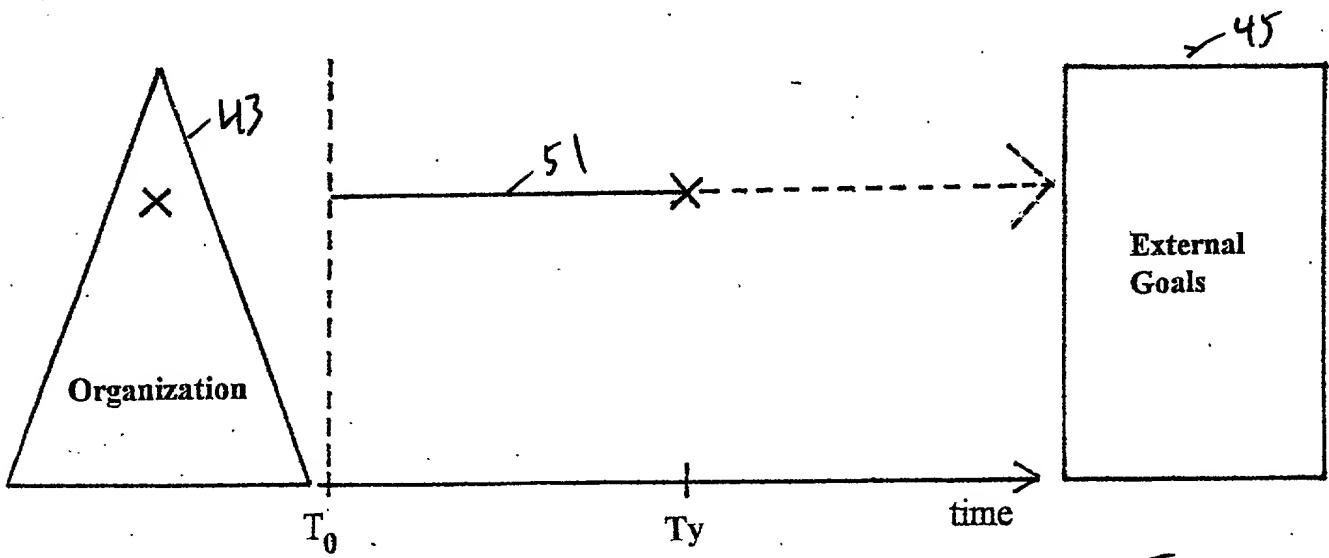
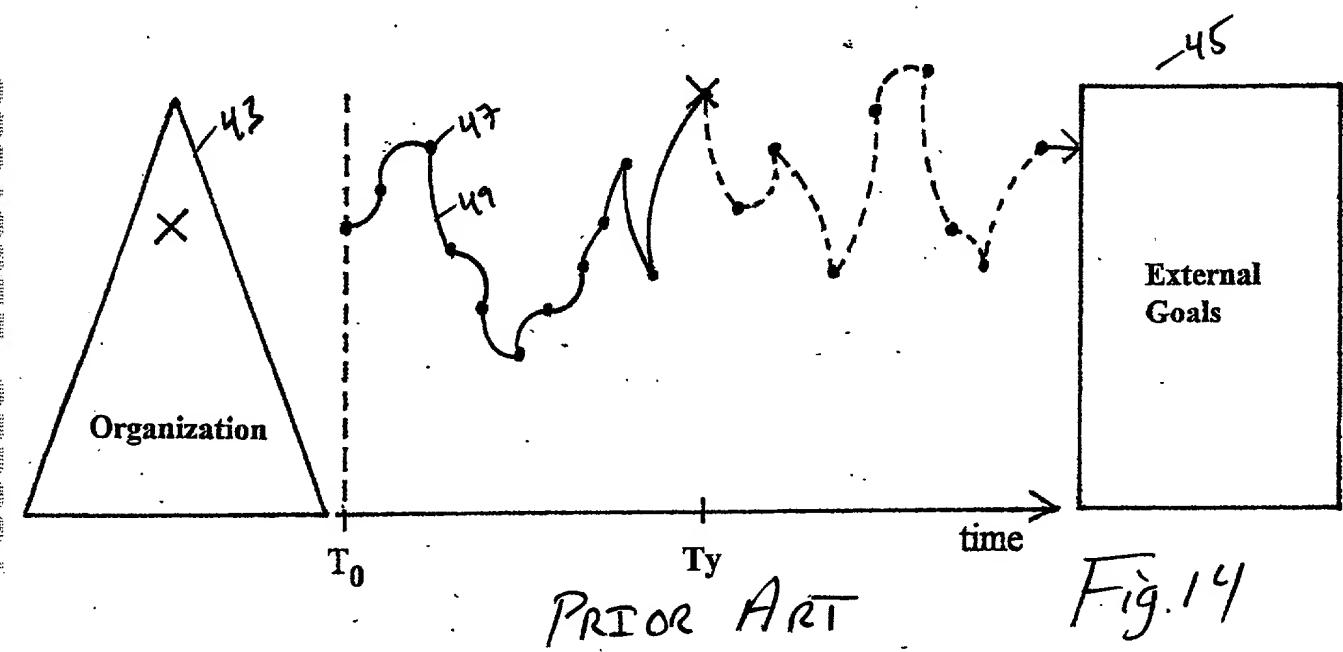
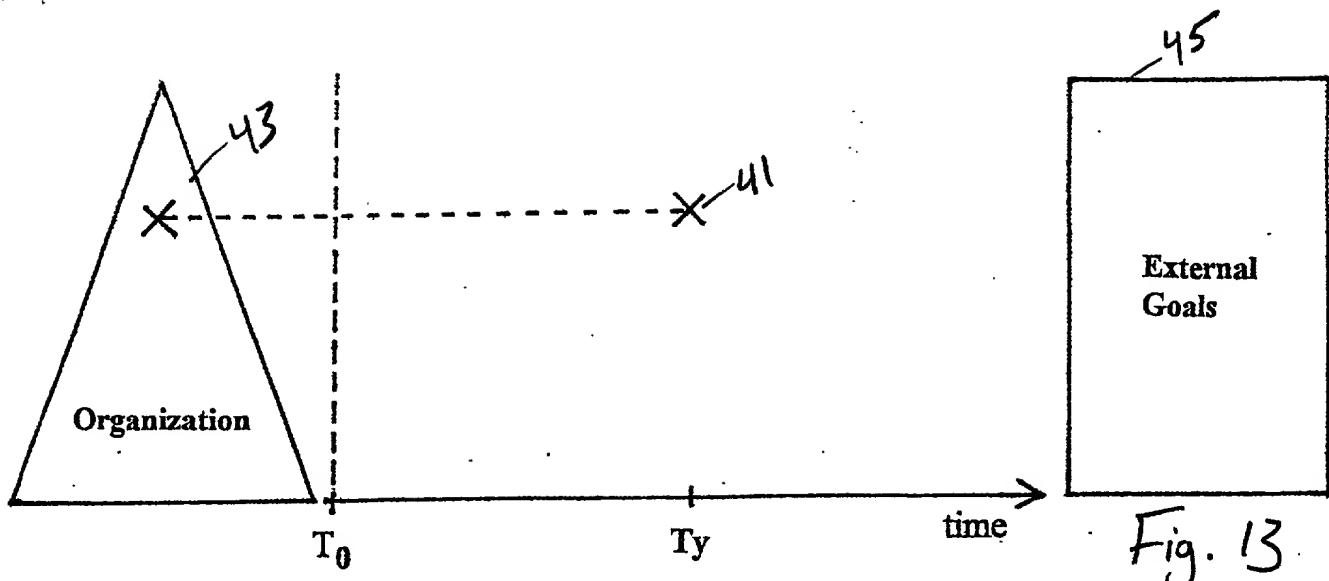


Fig. 12



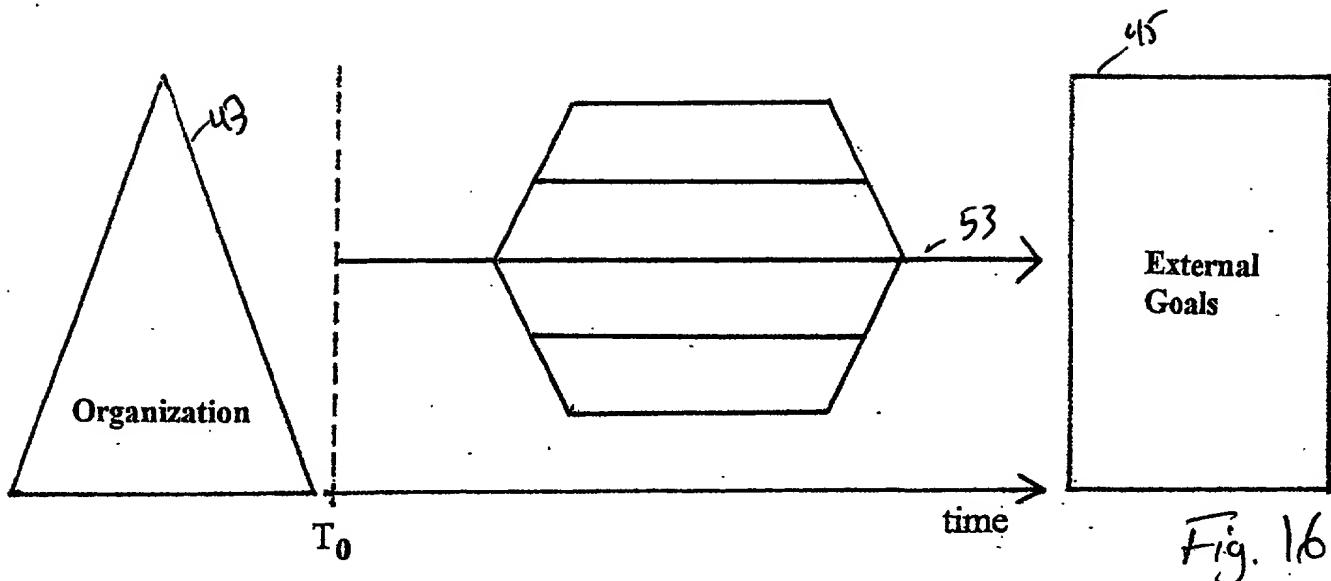


Fig. 16

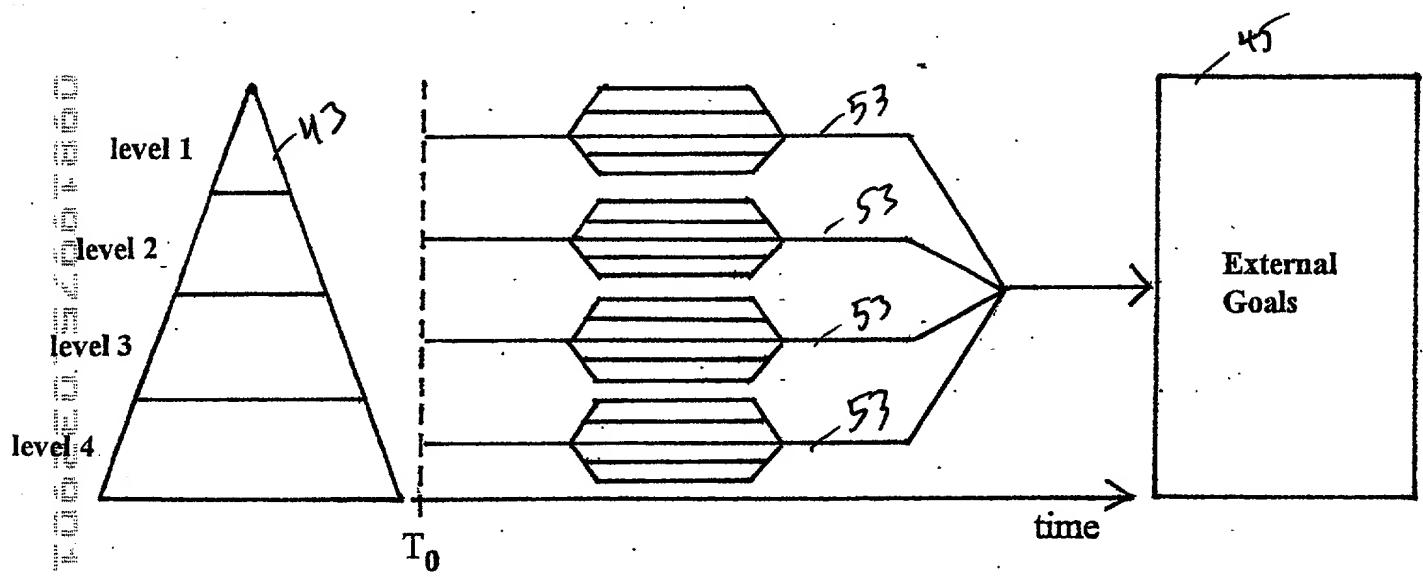


Fig. 17

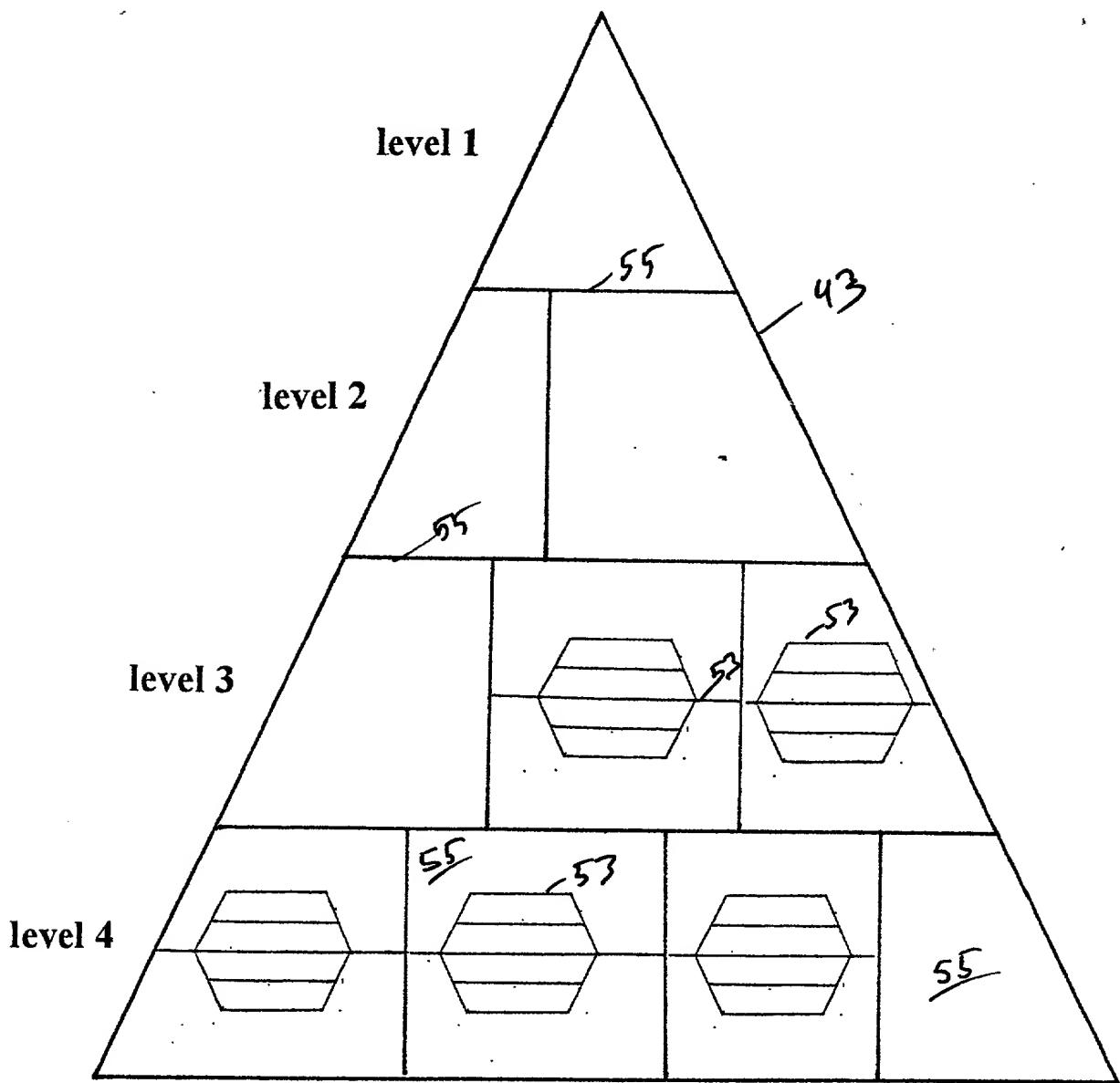


Fig 18

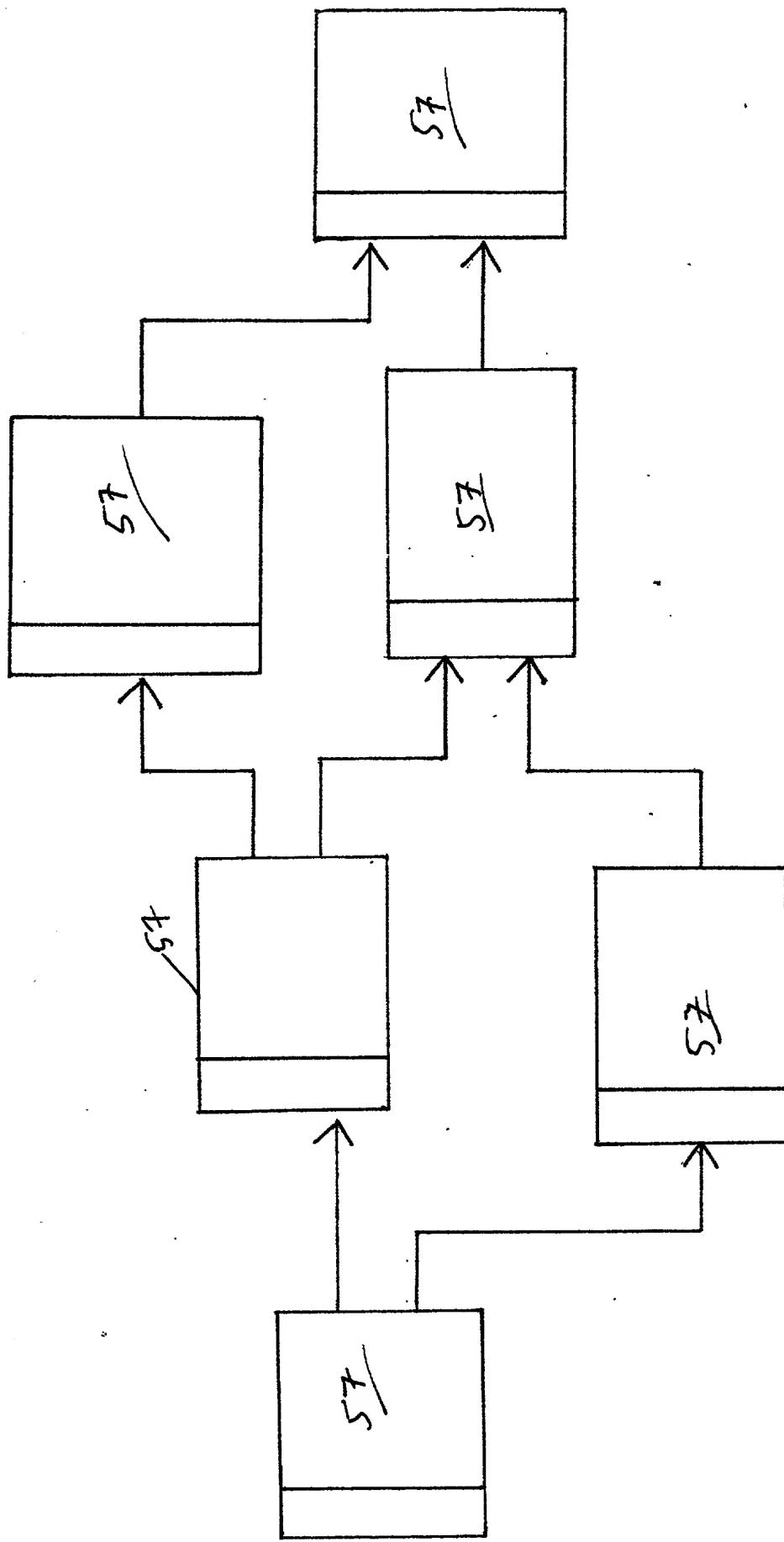


Fig 19

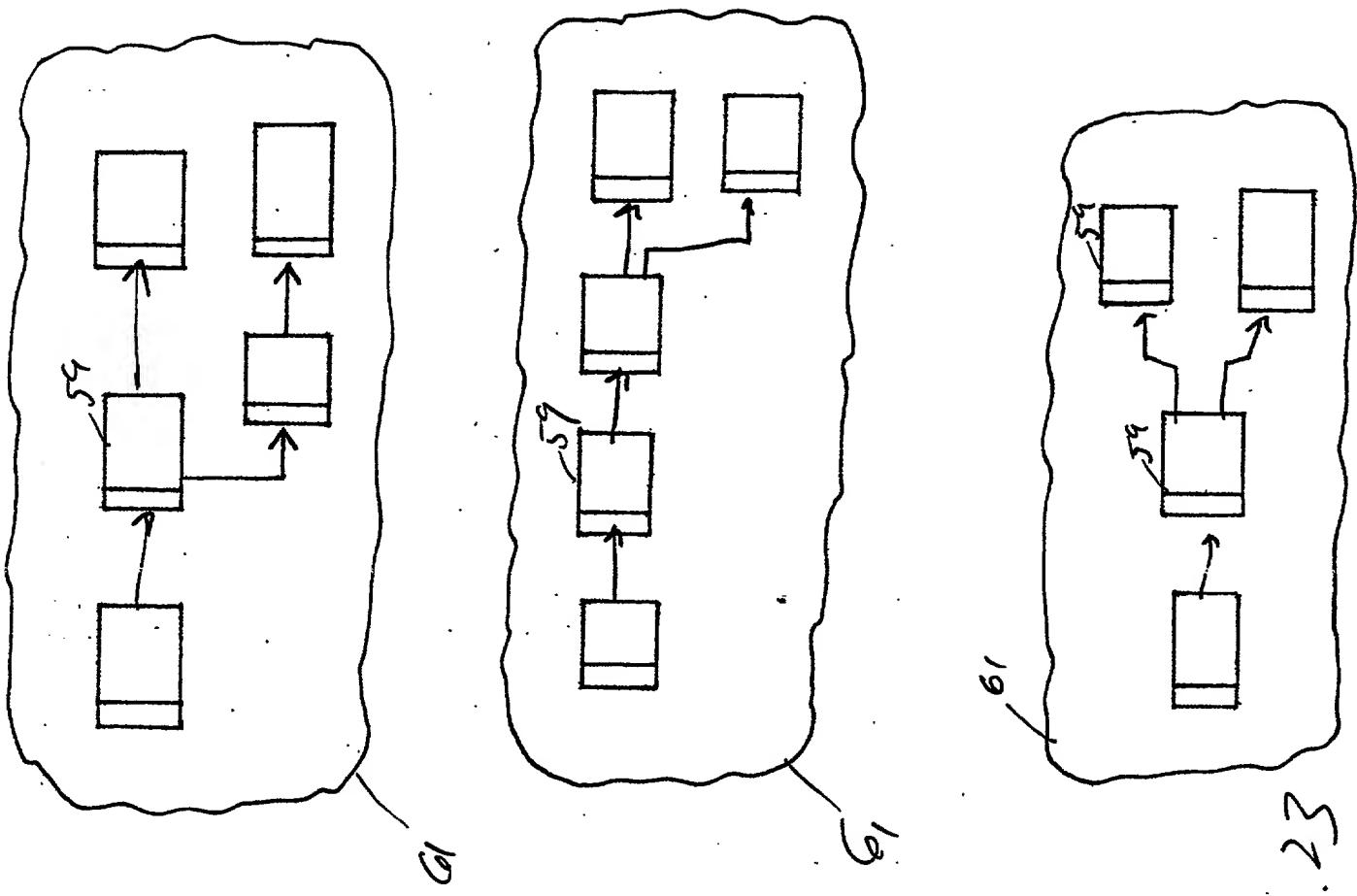


Fig. 23

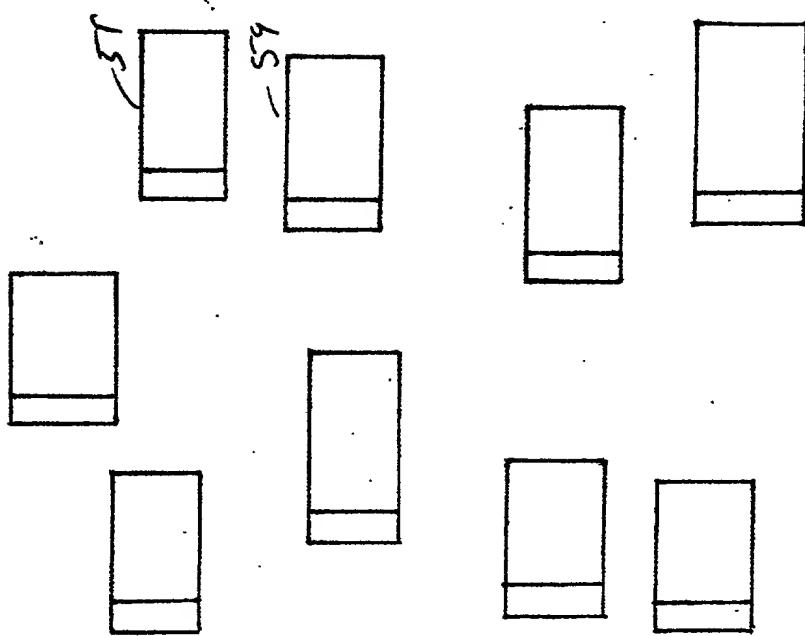


Fig. 20

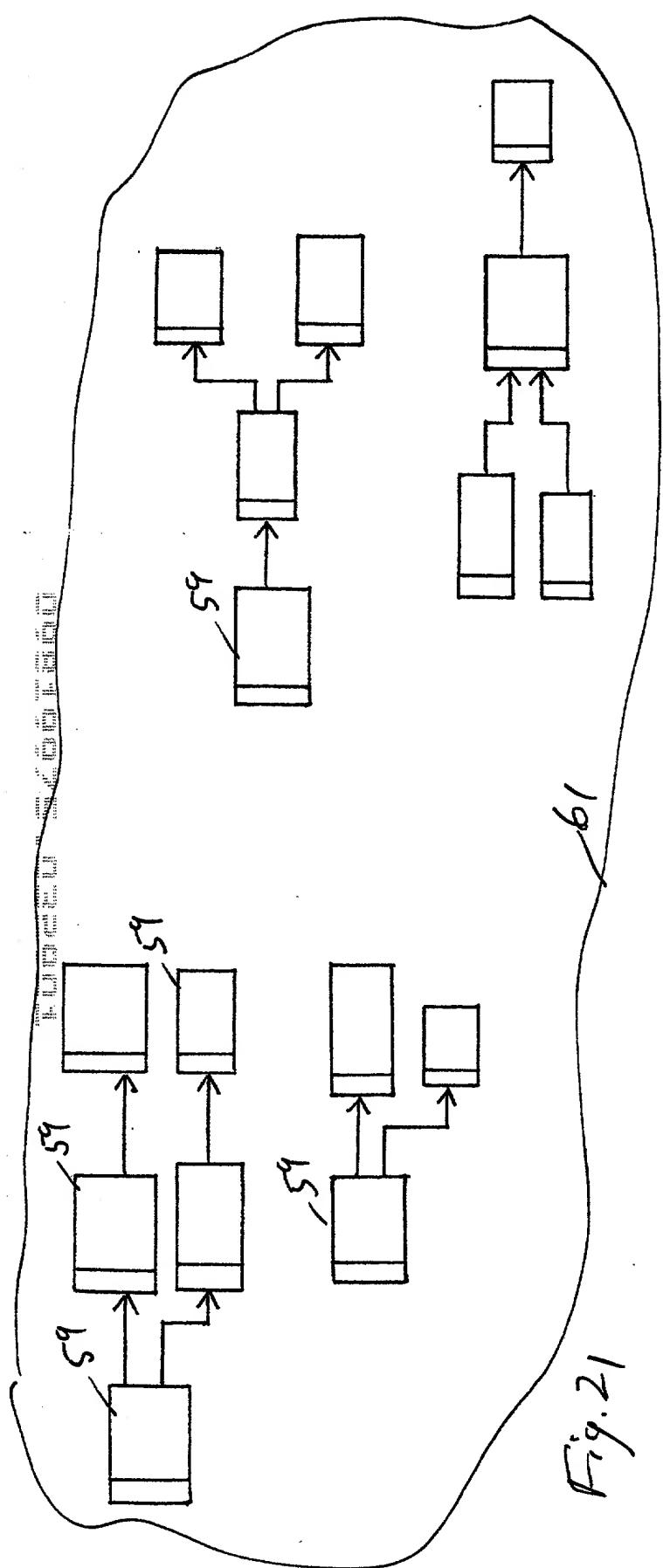


Fig. 21

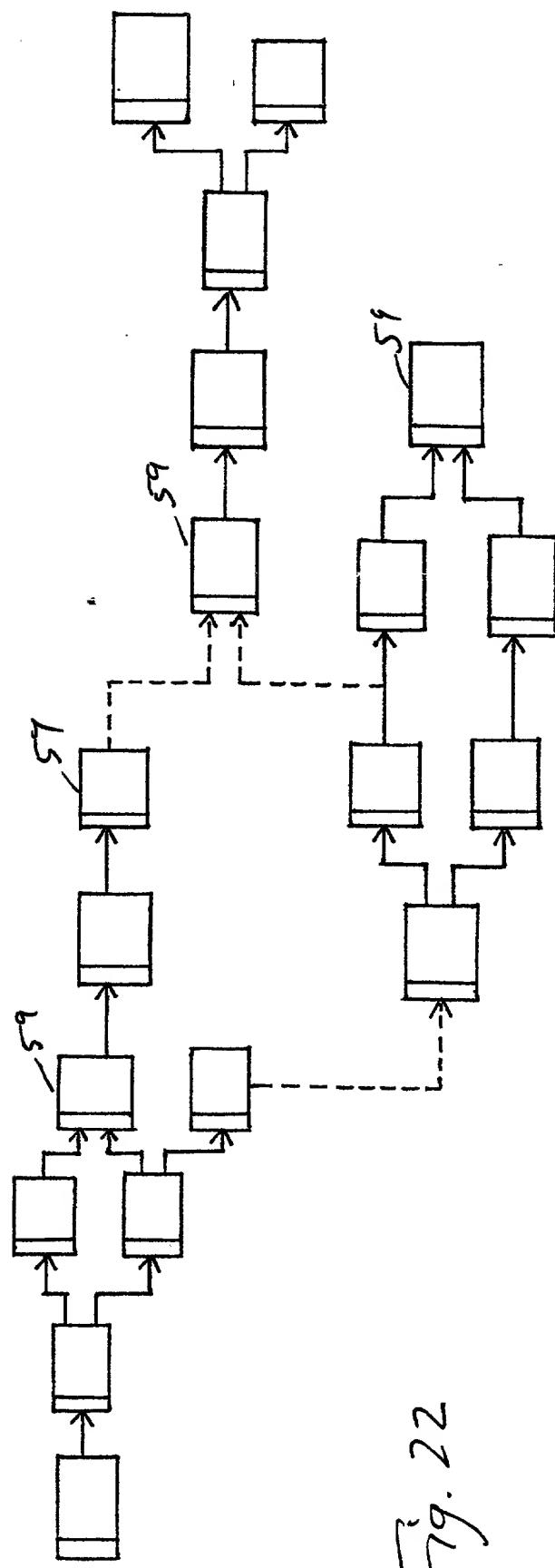


Fig. 22

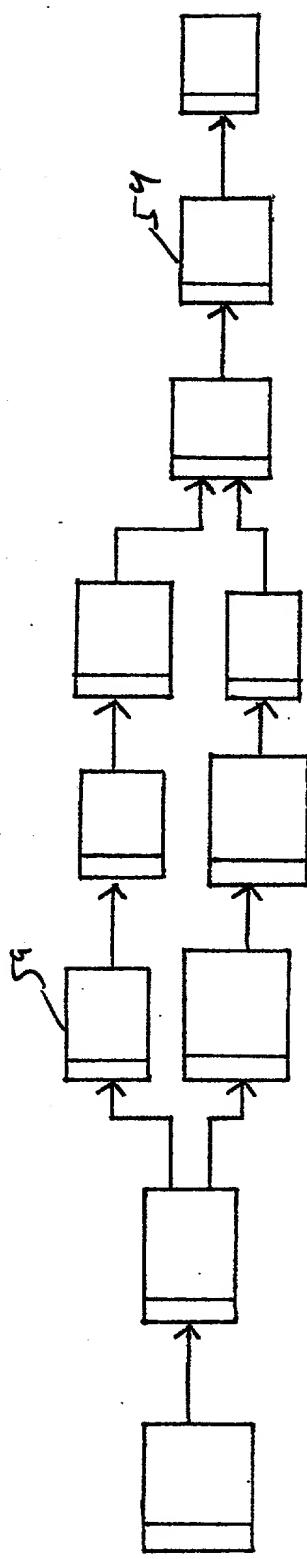


Fig. 2.4

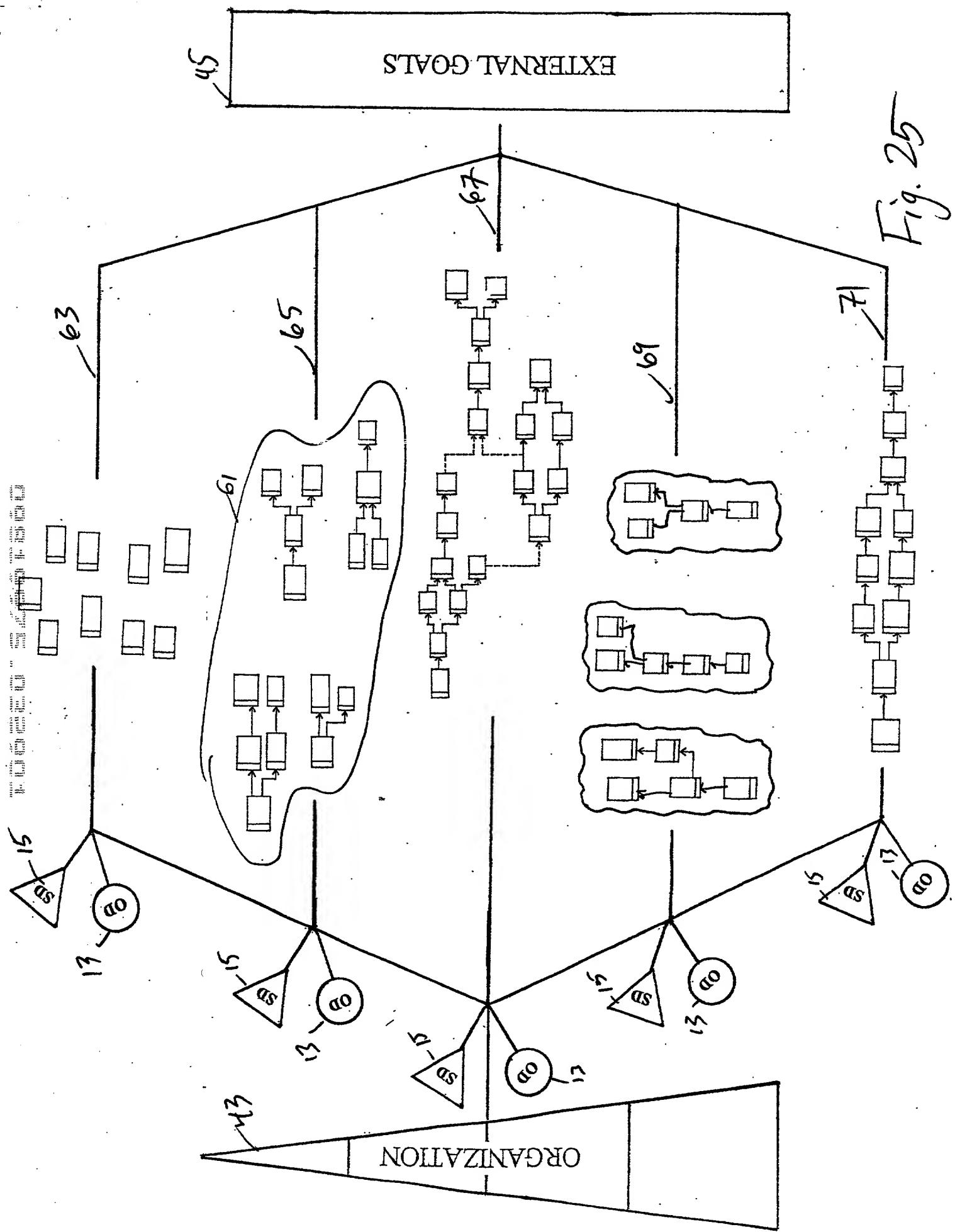


Fig. 25

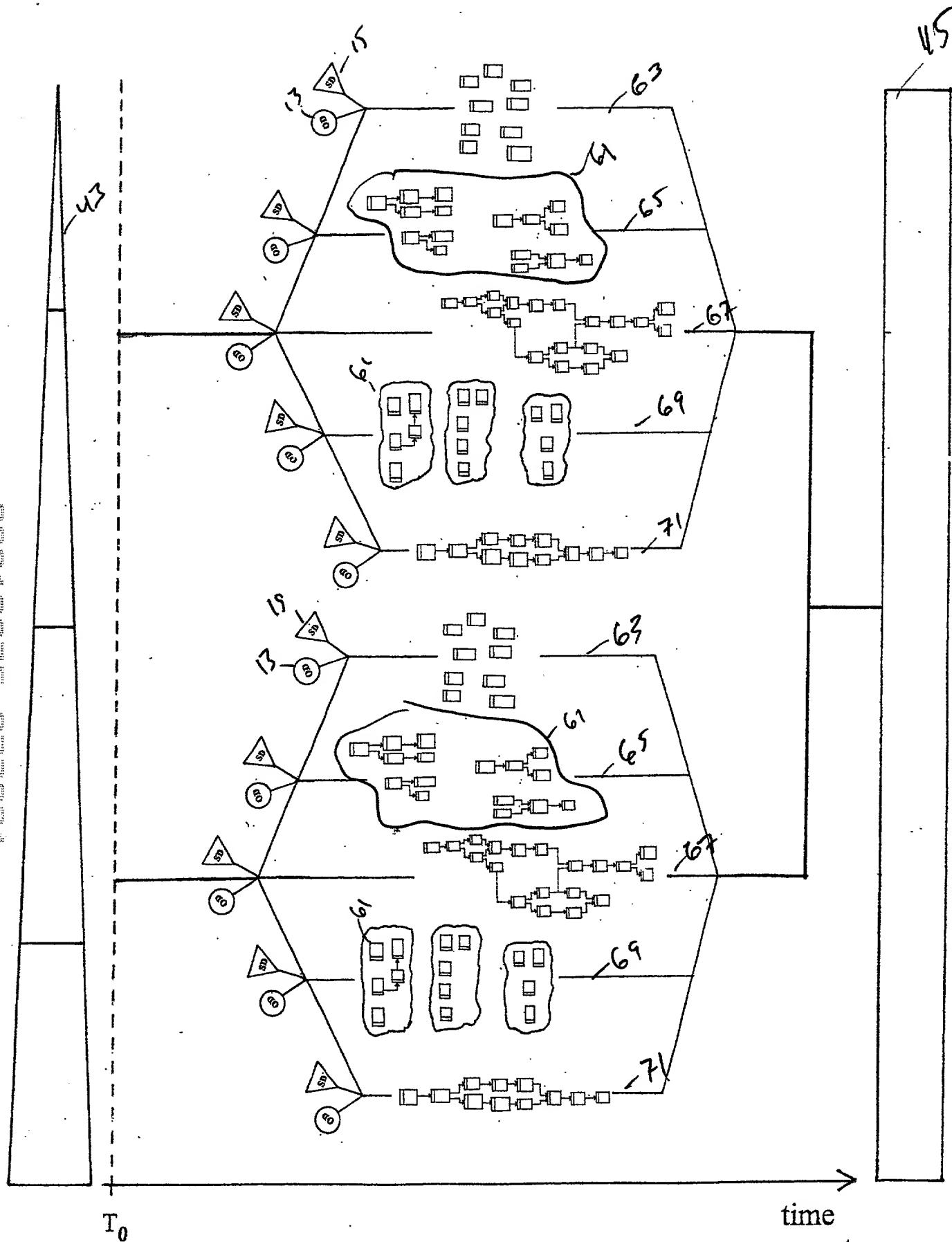


Fig. 26

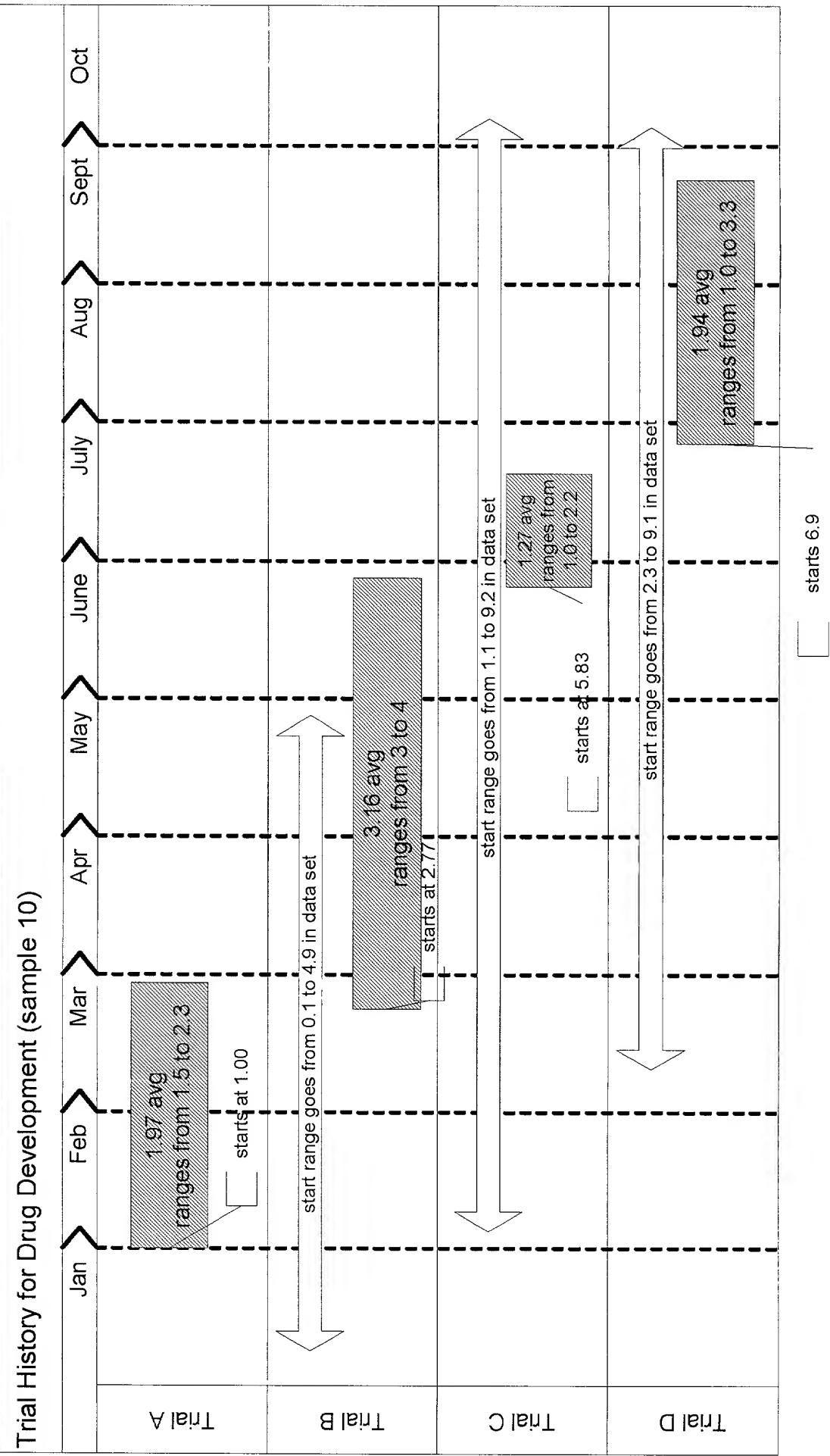
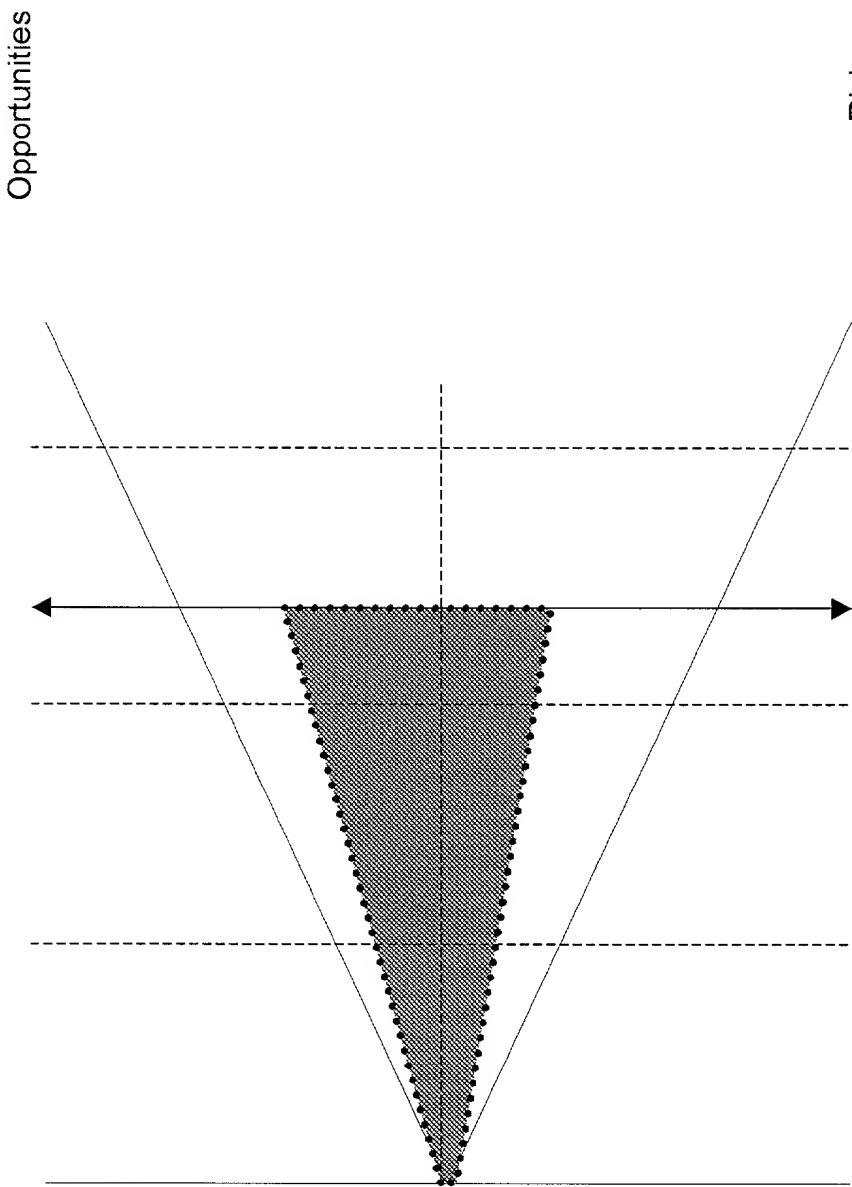


Fig. 27

Project A  
1998  
Opps:  
Risks:

Weighted average of  
Level II = 1.0  
Level III = 0.75



Level 1      Level 2      Level 3

5

Fig. 28

## Project B 1998

Opps:	Risks:
-------	--------

Weighted average of  
Level II = 1.0  
Level III = 0.75

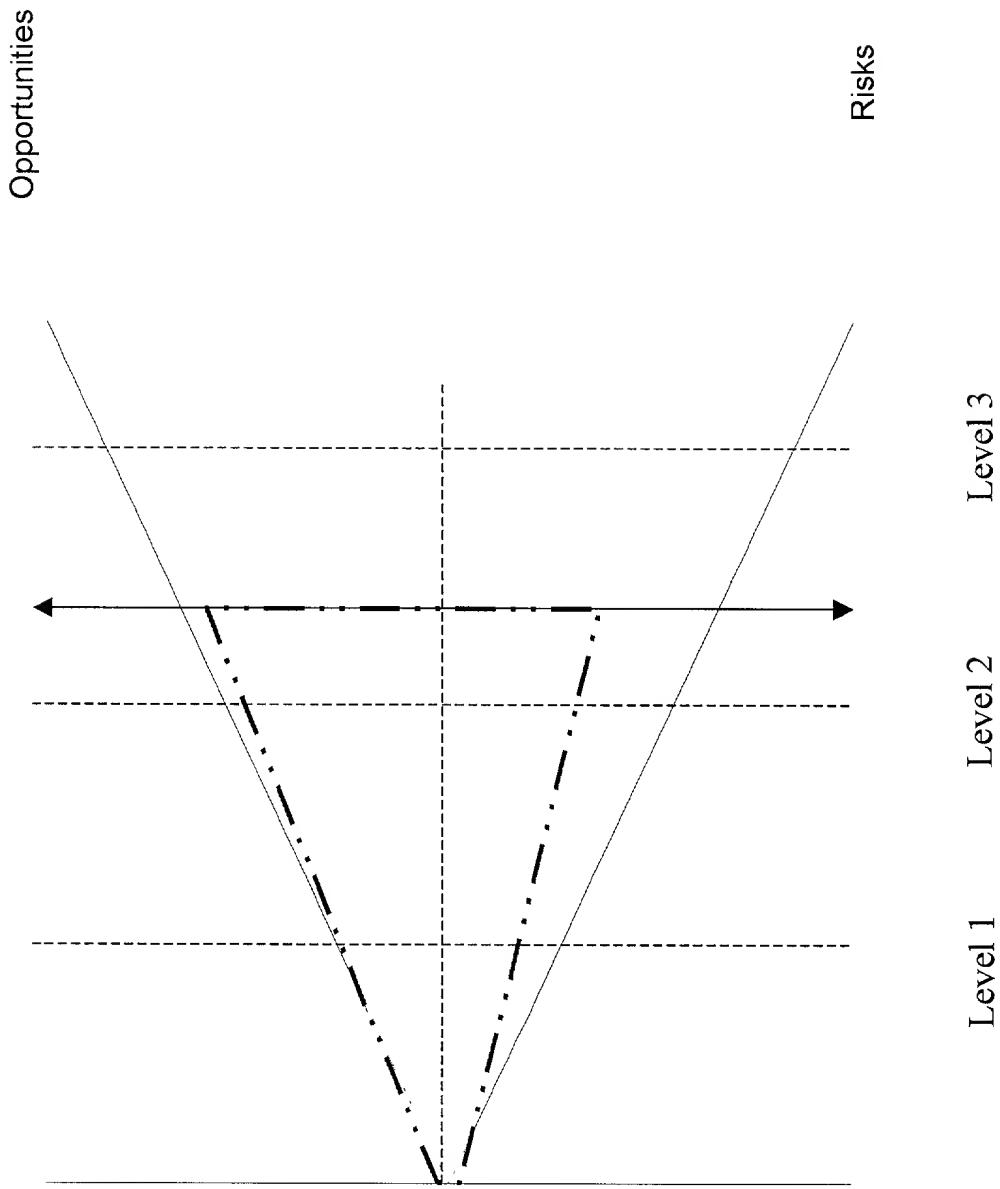


Fig. 29

Project C  
1998  
Opps:  
Risks:

Weighted average of  
Level II = 1.0  
Level III = 0.75

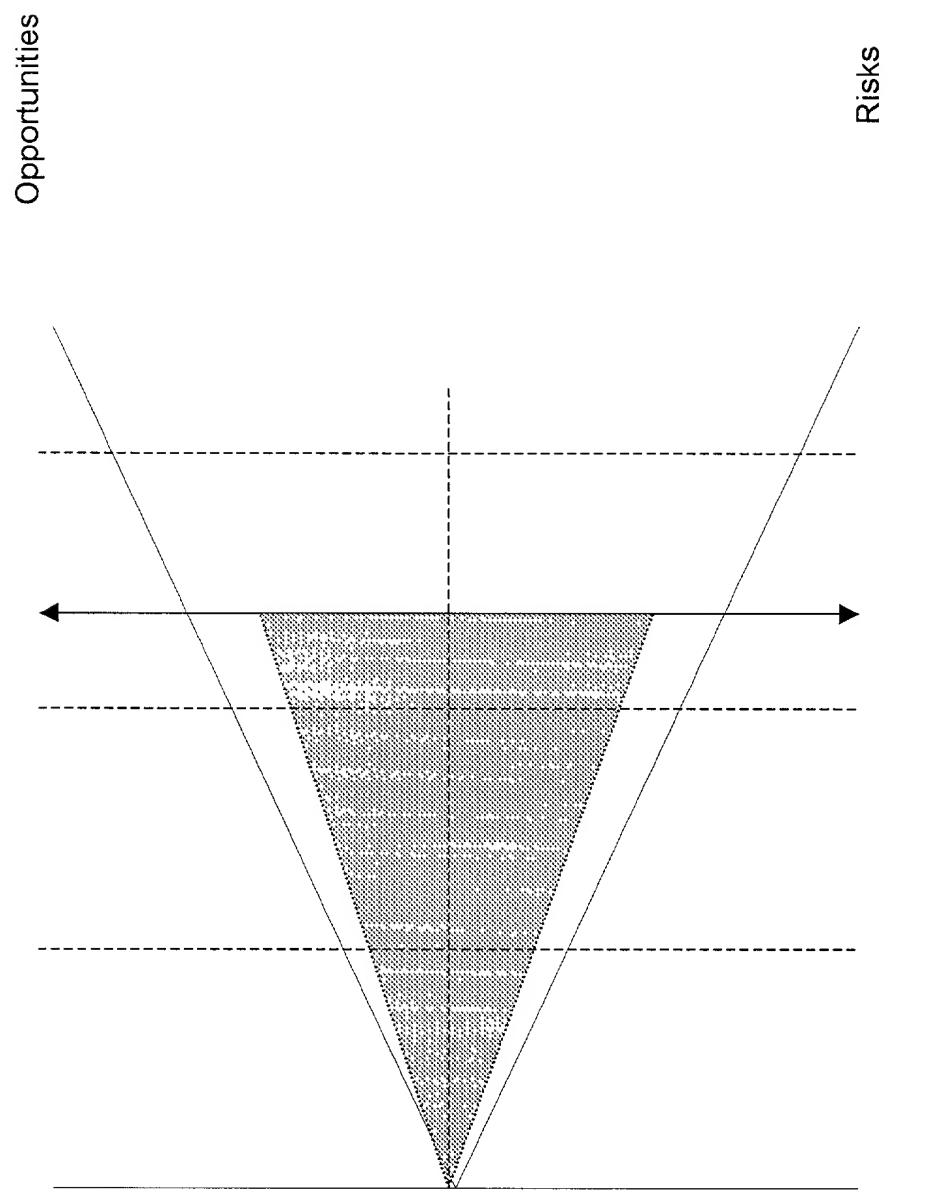


Fig. 30

Projects A, B, C  
1998

Weighted average of  
Level II = 1.0  
Level III = 0.75

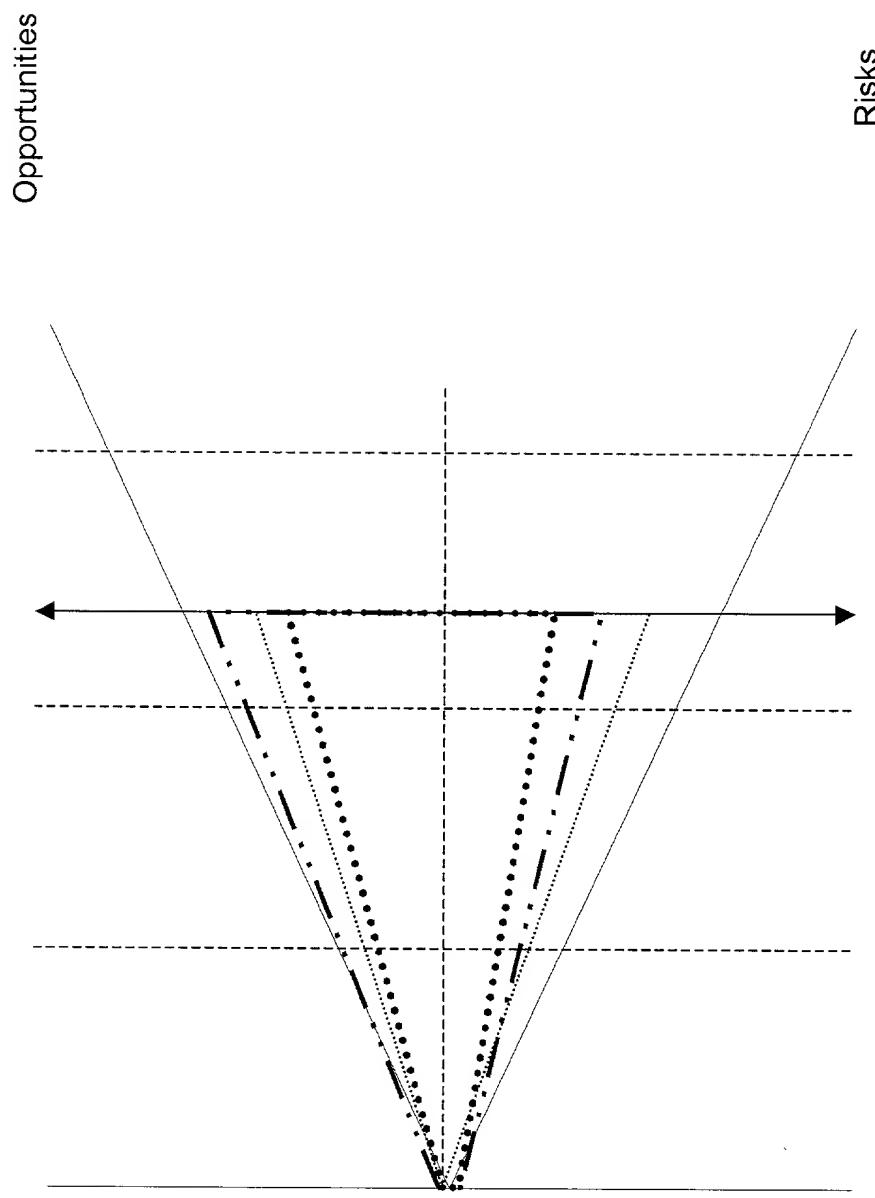
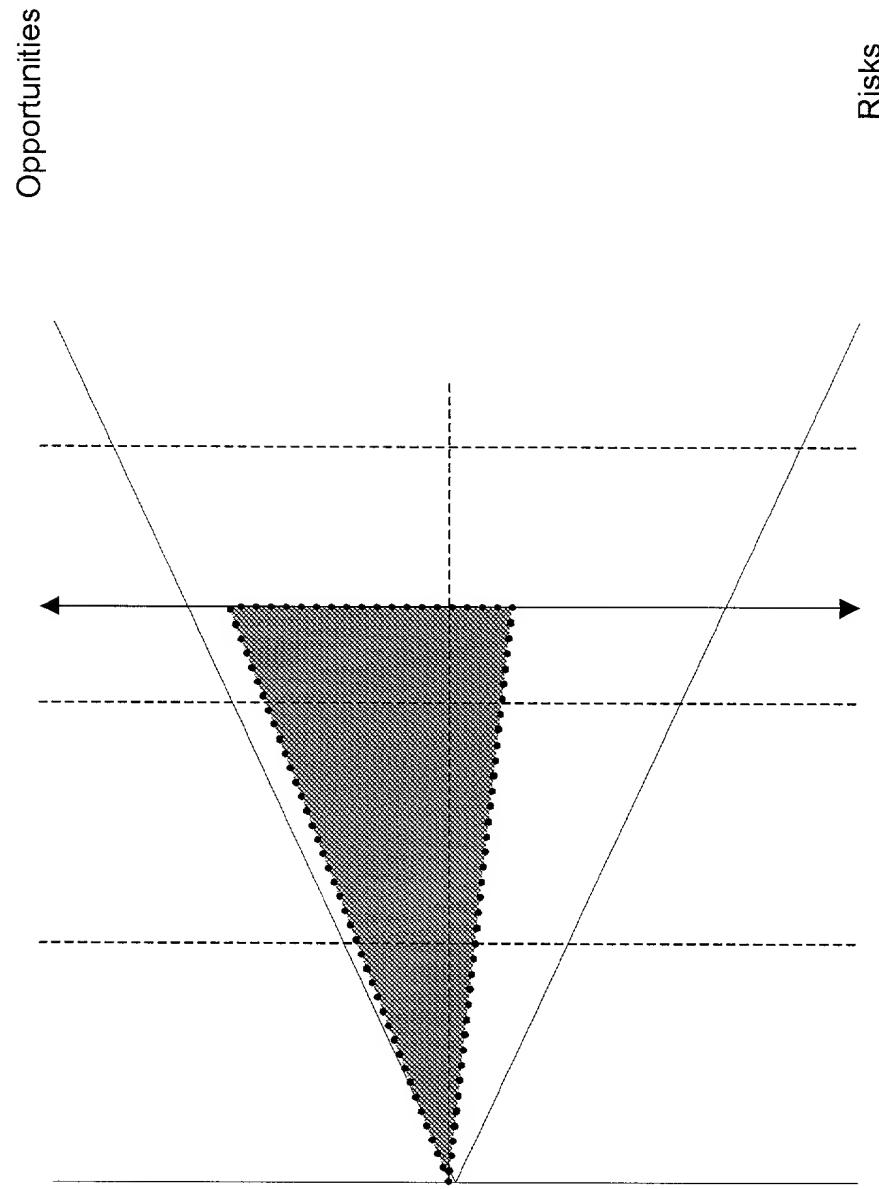


Fig. 31

Project A  
1999  
Opps:  
Risks:

Weighted average of  
Level II = 1.0  
Level III = 0.75

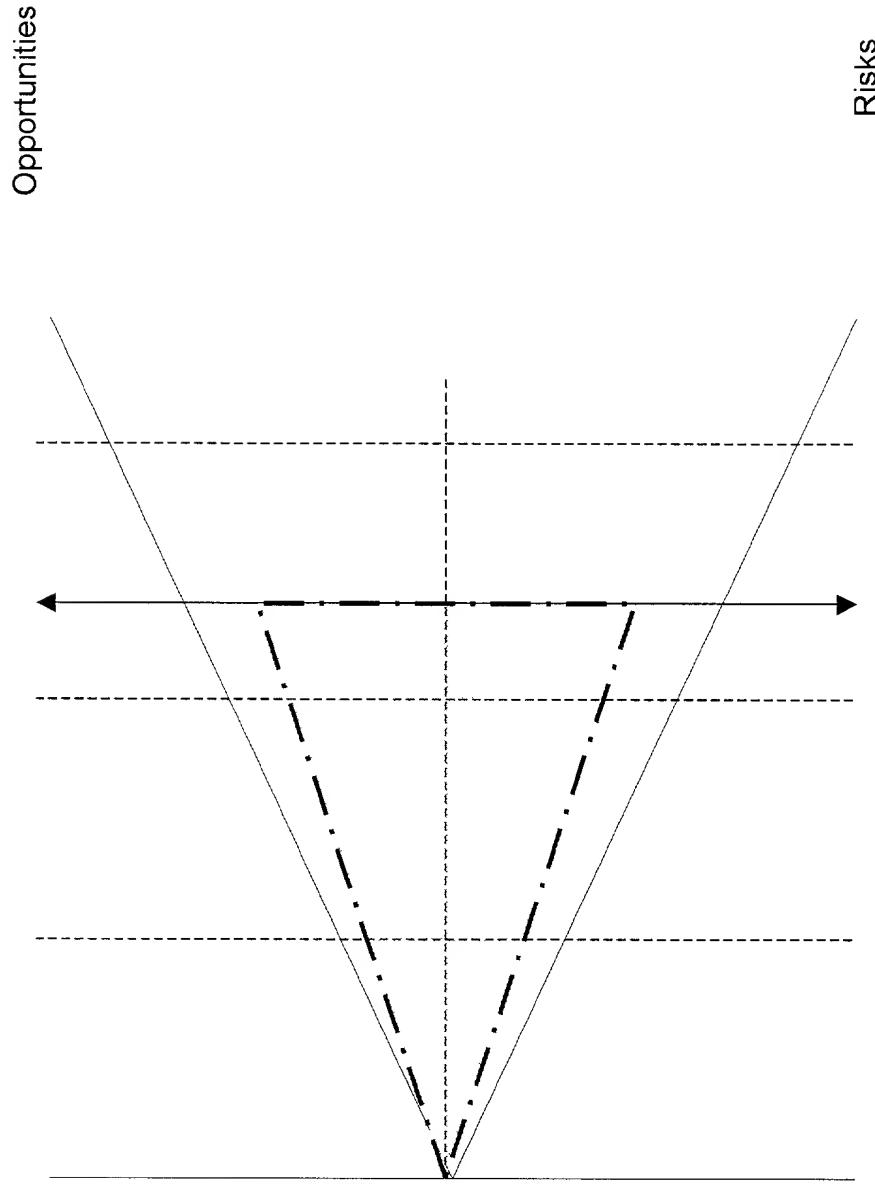


Level 1      Level 2      Level 3

Fig. 32

Project B  
1999  
Opps:  
Risks:

Weighted average of  
Level II = 1.0  
Level III = 0.75



Level 1      Level 2      Level 3

Fig. 33

Project C  
1998  
Opps:  
Risks:

Weighted average of  
Level II = 1.0  
Level III = 0.75

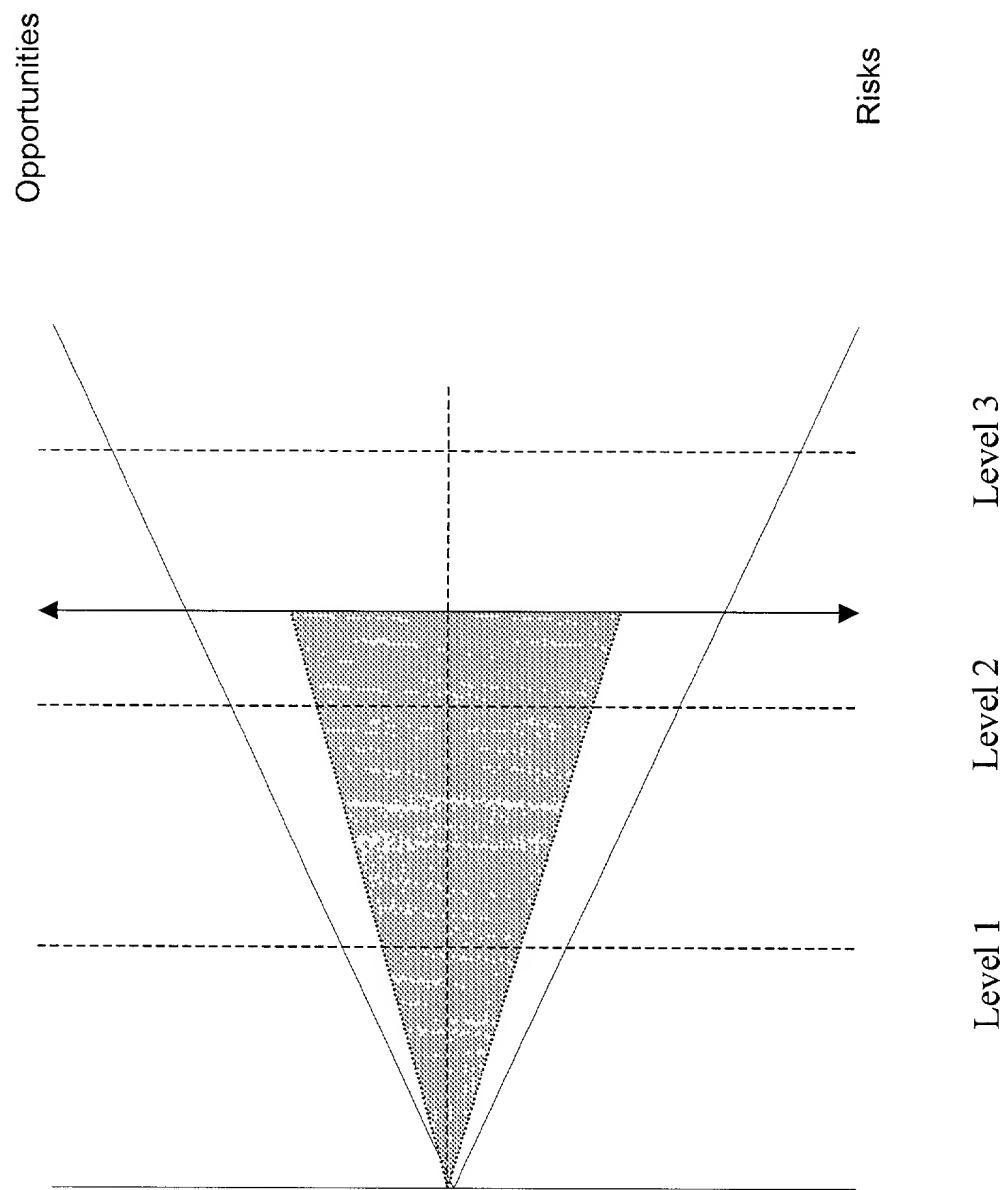
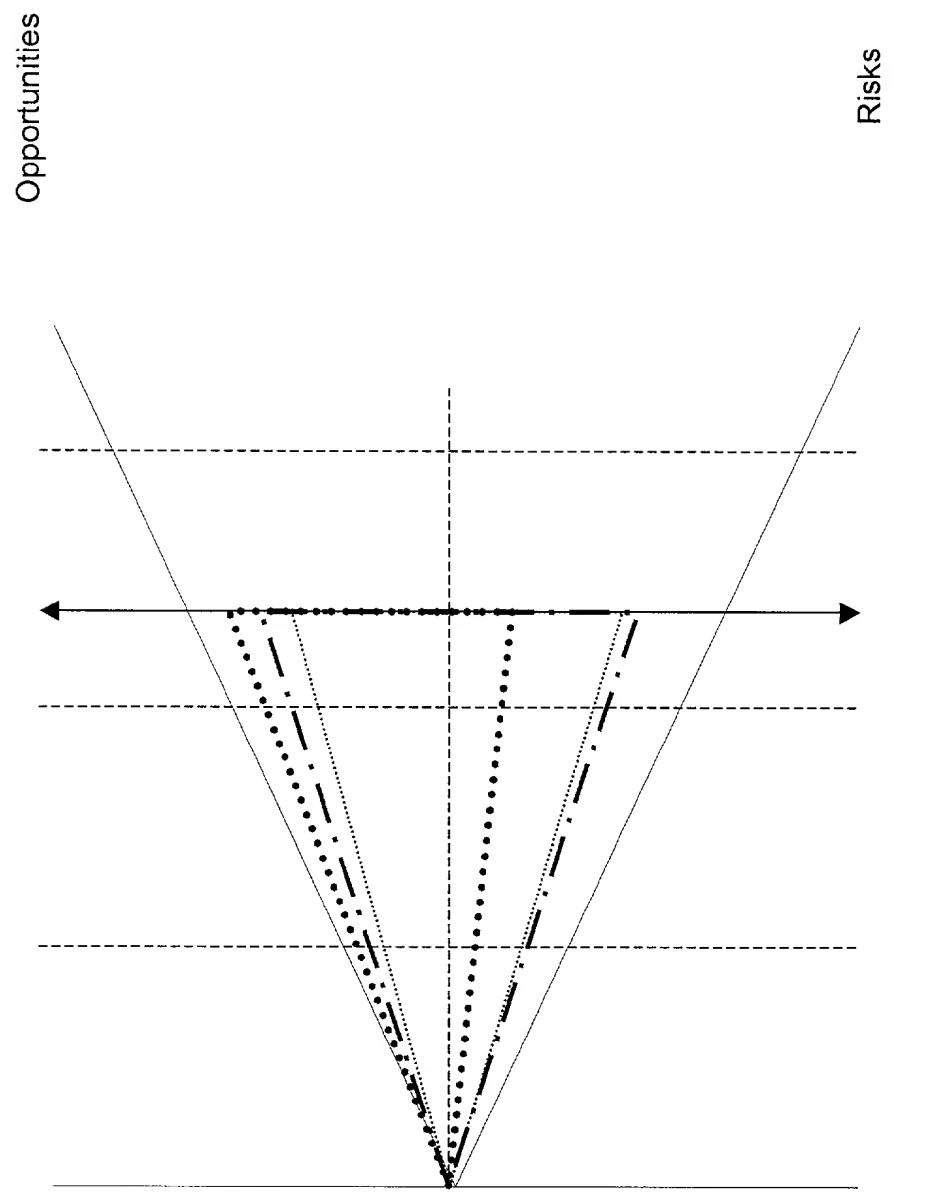


Fig. 34

Projects A, B, C  
1999

Weighted average of  
Level II = 1.0  
Level III = 0.75



Level 1      Level 2      Level 3

Fig. 3.5

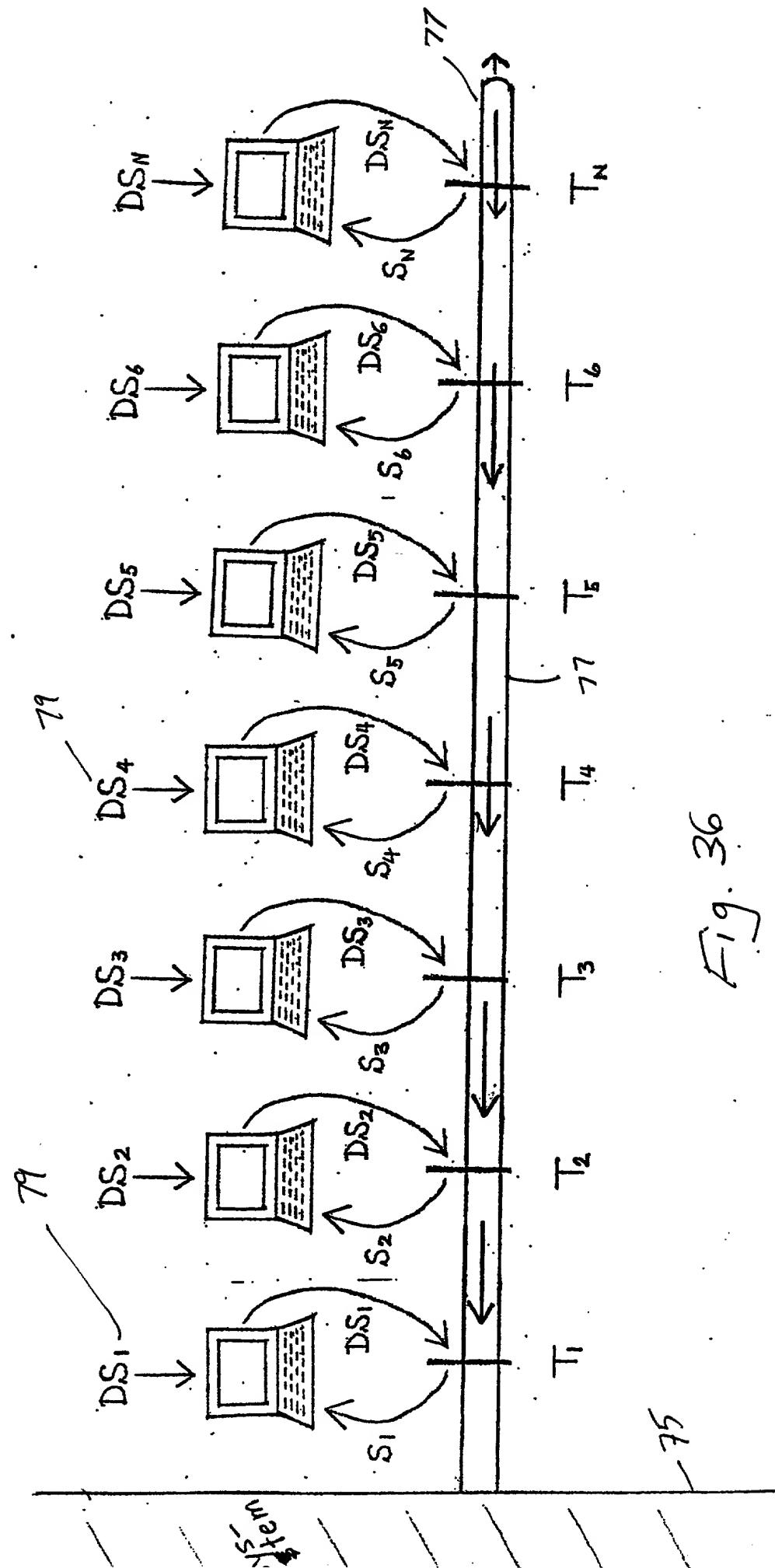


Fig. 36

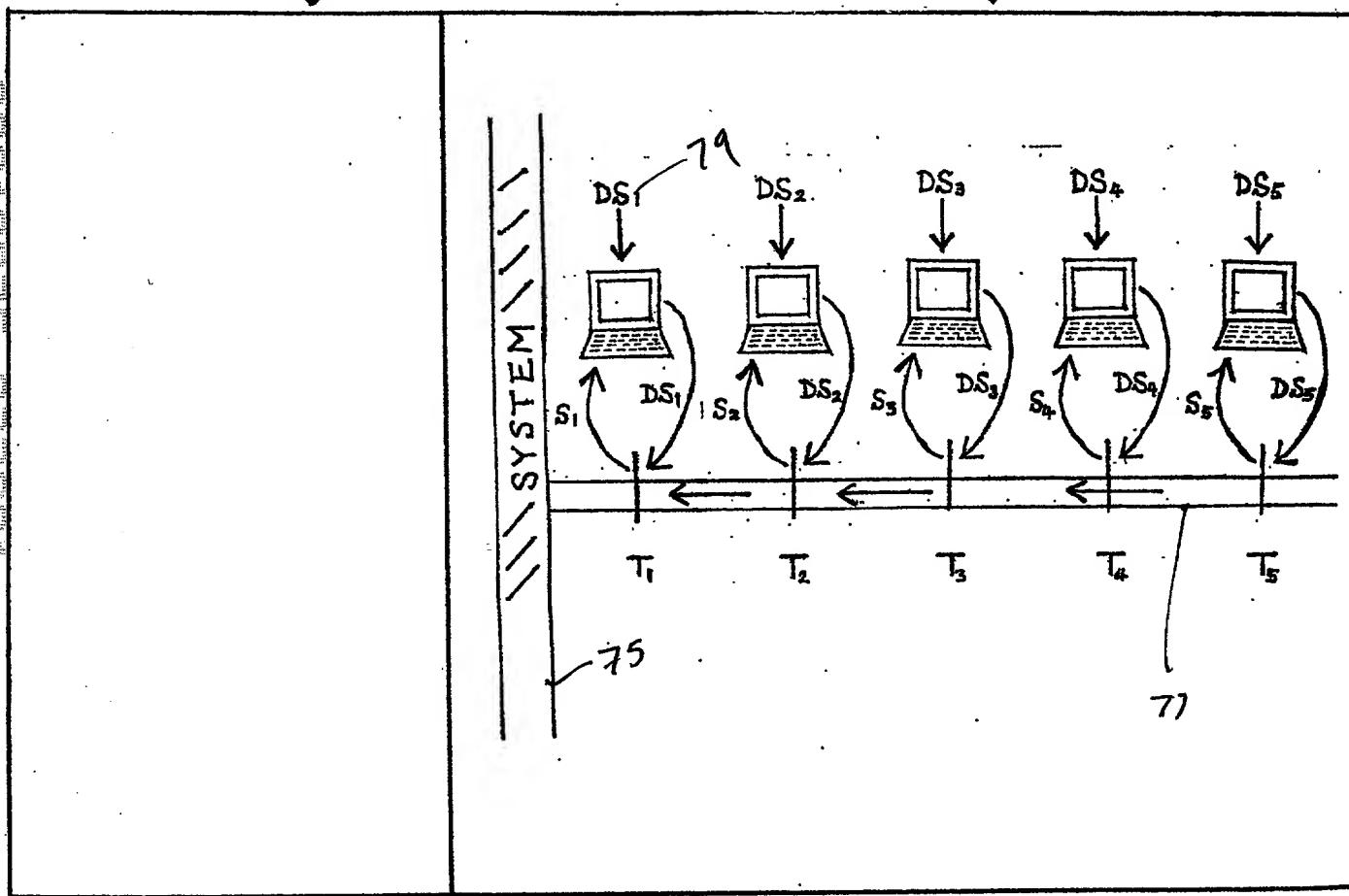
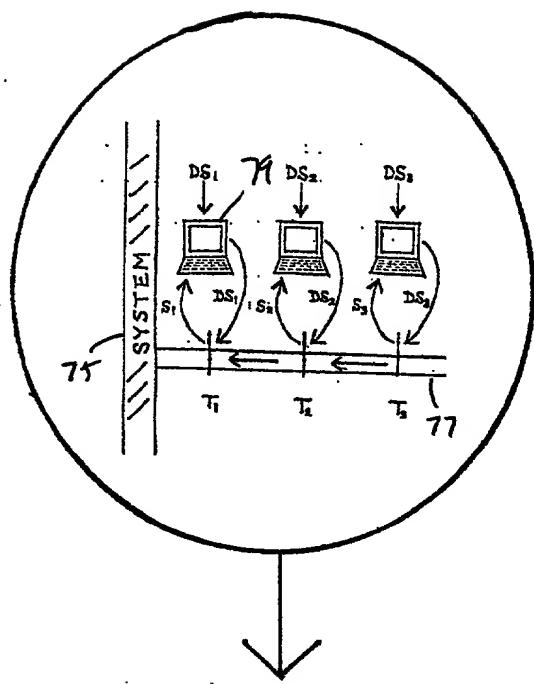
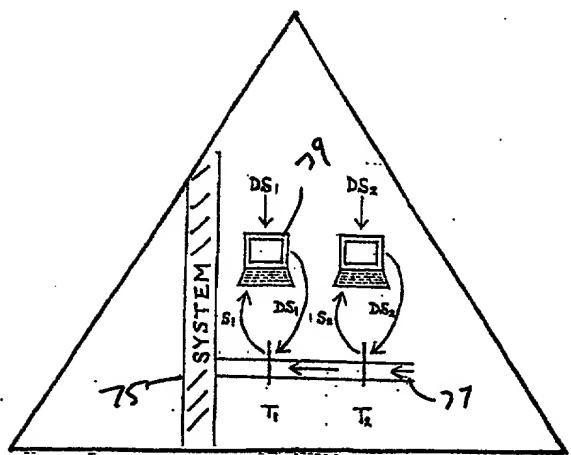


Fig. 37